GALACTICO COACHING

Health & Safety Policy

Contents

1. Introduction

Galactico Coaching (GC) is committed to ensuring the Health and Safety of its participants and staff. This policy will discuss GC's approach to managing Health and Safety at all levels of the organisation. GC and all people associated with GC must adopt and implement this policy.

2. Definitions and Interpretations

Below are the meanings of words that this policy highlights:

Health and Safety refers to the rules and procedures that are put in place to help prevent accidents and injuries in the workplace.

Risk Assessment refers to an assessment used to identify potential hazards and how we can minimise the harm they could cause.

First Aid refers to the act of providing initial help to preserve life and minimise the consequences of injuries or illness until professional help can be obtained. It involves treating minor injuries which may not require professional treatment.

3. Purpose of our Policy

The Galactico Coaching Health and Safety Policy aims to ensure that staff, participants, and everyone affiliated with GC are kept safe during GC activities. GC aims to provide a safe and stable environment for engagement in physical activity, whilst maintaining a positive culture towards health and safety. It also aims to ensure that all individuals affiliated with GC are aware of the procedures we have in place in the event of any illness, accident or injury.

4. Who our policy applies to

This policy applies to:

- Paid and unpaid employees, volunteers, or contracted personnel of GC.
- Affiliated centres, clubs, organisations, and personnel.
- All children and adult members or affiliates of GC.
- Board and Committee Members.
- Parents, Guardians, Spectators and Sponsors.

5. The Extent of our Policy

Our policy applies to all staff, participants, and anyone affiliated with GC, when undertaking any GC activities. This includes accidents and injuries that occur during competition, training, and events organised by GC or affiliated with GC. This list is not exhaustive.

6. Responsibilities

GC is responsible for overseeing health, safety, and well-being matters that occur during GC activities. GC should, therefore, ensure that there are appropriate risk control measures in place and be aware of significant health and safety risks during GC activities, including the environment in which the activities are performed.

GC will assess the risks to the Health and Safety of its staff, participants and visitors, and ensure appropriate actions are taken and implemented accordingly. GC will assess what health and safety risks staff are exposed to at work. GC expects its staff to also assess what health and safety risks they are exposed to individually, as well as assess what health and saftey risks their actions or activities cause to others.

GC will take every reasonable effort to ensure that we:

- Work towards the prevention of injury or ill health caused by GC's activities.
- Ensure that the locations of GC's activities are suitable and not likely to cause injury or ill health.
- Actively manage Health and Safety, and encourage constant awareness amongst staff.
- To implement improvements where necessary to ensure a high standard of operation.

The individuals to whom this Policy applies (Section 4) must:

- Consistently adopt, implement and comply with this policy and take care of themselves and others.
- Follow instructions to ensure high standards of Health and Safety are maintained at all times.
- Ensure that the policy is easily accessible to all.
- Be willing to undertake any training required by GC.
- Ensure that the ratio of adults to children is sufficient and appropriate when considering the age of the children.
- Follow the procedure outlined in this policy.
- Be accountable for their own behaviour.
- Continually monitor and review this policy when required.

6.1 Director Responsibilities

As well as the responsibilities outlined in Section 6, The Director of GC is also responsible for:

- Holding overall responsibility for the health and safety of staff and participants.
- Making decisions in line with this policy and the procedures outlined within.
- Assigning adequate resources for Health and Safety.
- Evaulating health and safety performance on a regular basis.
- Approving suitable action plans for improving health and safety.

- Ensuring the effective, proactive and reactive, implementation and monitoring of this policy.
- Upholding the health and safety protocols and expecting the same from all staff.
- Ensuring that all GC activities are delivered in accordance with this policy and the procedures outlined within.
- Ensuring there is a sufficient number of staff that are fully trained in first aid and have the resources to provide the first aid, and that all staff and participants are aware of who they are and how to contact them.
- Ensuring that all new starters are given basic health and safety information relating to first aid provision within their first month of working.
- Ensuring that any insurance arrangements cover any potential claims.
- Ensuring all mentioned in Section 4 are made aware of this policy.

6.2 Staff Responsibilities

As well as the responsibilities outlined in Section 6, staff of GC are also responsible for:

- Ensuring they have sufficient awareness of this policy and procedure.
- Consistently working towards the safety and welfare of the participants.
- Helping make the participants aware of what procedures to follow in the event of illness, accident or injury.
- Attending any first aid emergency as necessary and administering first aid when appropriate in accordance with the first aid training that they have received.
- Maintaining factual records of any accidents and incidents and providing information to the emergency services when needed.
- Assisting with risk assessments.
- Reporting health and safety issues and hazards to the Director immediately.
- Attending any training as required by GC.
- Reporting any issues with implementing instructions to the Director immediately.
- Immediately ceasing working if there is imminent danger of harm and immediately report it to the Director.
- Ensuring appropriate use of any personal protective equipment by following instructions.
- Reporting any defects, maintenance or repair issues immediately to the Director.
- Reporting any loss or damage to personal protective equipment immediately to the director.
- Ensuring other employees follow this policy and the procedures within.
- Not interfering with or misusing anything provided for health and safety.
- Seeking and offering advice to improve Health and Safety performance.
- Behaving in a safe manner so they do not put themselves or others at risk.
- Helping to identify Health and Safety training needs and help deliver training.
- Reporting all incidents, including near-misses which could have resulted in injuries.
- Taking appropriate action in the case of accidents and incidents.
- Helping to promote a positive Health and Safety culture.

7. Risk Assessments

Risk Assessments will be carried out by the Director and/or any staff nominated by the Director (Attachment 2). They will include:

- The health and safety risks staff are exposed to at work.
- The health and saftey risks that GC's actions or activities cause to others.
- Evaluations of health and safety risks of new activities and equipment before introduction.
- A review of the risks every 12 months, or sooner if there are suspicions that they are no longer valid or need updating.

GC will monitor and record the number and types of accidents and set action plans to reduce the risk of recurrence. For every accident, incident or near-miss, an accident form should be filled out as in Attachment 1.

8. First Aiders

The information obtained from the risk assessment will identify where and when accidents are most likely to occur. They may, therefore, help GC decide the most appropriate type, quantity and location of first aiders and equipment.

As GC is a sports coaching company, it is important that all Coaches have sufficient first-aid training and access to first-aid equipment. For other areas of GC, it may not be necessary that all staff have first aid training, though there should be at least one first aider on the premises.

The main duty of staff responsible for first aid is to administer immediate first aid to participants and staff and to ensure that professional medical help is called when necessary.

GC will ensure that all first aiders hold a valid and up-to-date first aid training certificate. All first aiders will ensure that all first aid kits are properly stocked and replenished. All coaches will be first aiders to ensure individual sessions are covered by a staff member who can administer first aid.

As GC has no base site, all work carried out by GC coaches is classed as remote work. All remote workers must have a mobile phone to enable them to call emergency services or seek medical advice from 111. Remote workers must have access to a first aid kit.

Please see the First Aid Policy for more in depth information about first aid procedures.

9. Health and Safety Training

GC will ensure that all employees are provided with adequate Health and Safety training where necessary.

Training needs will be identified through:

- Risk Assessments
- Monitoring Activities
- The occurrence of accidents and incidents and identifying trends or patterns.
- Health and Safety Legislation.
- Updated information or technology.
- New or updated policies/procedures.

10. Monitoring and Reviewing

This policy and procedure will be reviewed annually and any changes will be communicated to all members of GC staff. This is to ensure that all aims and objectives are being fully met and to ensure that it captures industry-wide Health and Safety updates, change in circumstances or incidents that have occured within coaching companies.

GC staff will be required to familiarise themselves with this policy as part of their induction, and they will be informed of all first aid arrangements.

Attachment 1
Accident Forms
Employee Accident form - First Report

Employees shall report all work related accidents, injuries and illnesses using this form. Once completed, this form should be given to the Director.

What are you reporting?	☐ Accident ☐ Injury ☐ Illness ☐ Near-miss
Name:	
Date of report:	
Job Title:	
Location of Incident:	
Date and Time of Incident:	
Witnesses (if any):	
Incident description:	
What could have been done to prevent this?	
What parts of your body were injured/ill? **If it was a near miss, how could you have been hurt?**	
Was medical treatment necessary?	☐ Yes ☐ No **If yes, please give further detail specifying the name of the doctors/hospital, the date and time of your visit, and contact details for them:**
Has this part of your body been injured before?	☐ Yes ☐ No **If yes, please provide details of when:**

Do you have other employment?	☐ Yes ☐ No **If yes, please provide the name of the company:**
Employee Signature: **Date:**	
Director Signature: **Date:**	

Employee Incident/Accident Report

Employee Information

Name:	
Date of Birth:	
Job Title:	
Address:	
Email Address:	
Phone Number:	

Incident Description

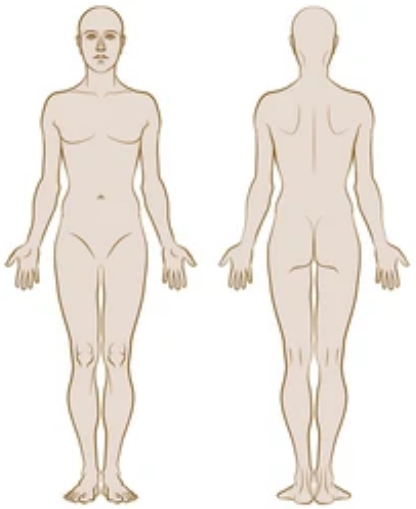
Location:	
Date and Time of Incident:	
Incident Description: ***(what caused the incident/accident/injury, what you were doing just before the incident, what you did after the incident).***	
Were you performing regular duties at the time of the incident?	☐ Yes ☐ No
Did anyone see you get hurt?	☐ Yes ☐ No **If yes, please list all witnesses:**
Did you report the incident to anyone?	☐ Yes ☐ No
If you reported the incident to someone, please give details:	**Name:** **Job Title:** **Date Reported:**
If you did not report the incident to someone, please explain why you chose not to report:	
Did the injury cause loss of time from work? *(Dates, amount of time).*	

Injury Description

Nature of Injury *(please select all that apply)*

☐	Abrasion, Scrapes	☐	Amputation	☐	Broken Bone	☐	Bruise
☐	Burn (heat)	☐	Burn (chemical)	☐	Concussion	☐	Crushing Injury
☐	Cut, Laceration, Punction	☐	Dislocation	☐	Hernia	☐	Illness
☐	Knee Injury	☐	Sprain, Strain	☐	Damage to Body System	☐	OTHER

If OTHER, please describe:	

Description of Injury:	**Part of the body affected: *(please shade all that apply)*** 

Was first aid administered at the scene?	☐ Yes ☐ No **If yes, please describe the first aid administered and who administered it:**
Was medical treatment necessary?	☐ Yes ☐ No

If medical treatment was necessary, please provide details:	**Name of Hospital/Doctors:** **Date and Time of Visit:** **Hospital/Doctors Phone Number:** **Treatment Received:**
Were you treated in an emergency room?	☐ Yes ☐ No
Were you taken by ambulance?	☐ Yes ☐ No
Have you ever had a similar injury?	☐ Yes ☐ No **If yes, please describe the previous injury:**
Has a similar injury been treated?	☐ Yes ☐ No **If yes, please provide details on where, when, and by whom were you treated:**

Back Injury Report:

To be completed when a back injury is reported by the injured employee. *(If not applicable, skip to the "Previous Compensation Claims" section).*

What part of your back hurts now?	
When did you first notice this back pain?	**Date:** **Time:**
What were you doing at that time? Explain in detail.	
If you were lifting a heavy object, what was it and how heavy was it?	
What did you feel?	

What was the length of time between the injury and your disability, if any?	
Did anyone see you get hurt?	☐ Yes ☐ No **If yes, please list all witnesses:**
Did you report this incident to anyone?	☐ Yes ☐ No
If you reported the incident to someone, please give details:	**Name:** **Job Title:** **Date Reported:**
Did you ever have a back injury before?	☐ Yes ☐ No **If yes, please provide details of when and what part of your back:**
Were you ever treated by a doctor?	☐ Yes ☐ No **If yes, please provide details on where, when, and by whom were you treated:**
If previously injured, has it given you trouble since? Explain.	

Previous Compensation Claims

Have you ever received or filed for compensation because of a back injury?	☐ Yes ☐ No
Have you ever received or filed for compensation due to any other injury?	☐ Yes ☐ No
If yes, please list the compensation claim numbers:	

Medical Release

I hereby authorise any person or persons who have in the past or will in the future medically attend, treat or examine me, or any person who may have information of any kind which may

be used to reach a decision in any claim for injury or disease arising from the injury / illness described above, to disclose such information to my employer, and any third party that my employer finds necessary. A copy of this form will serve as the original.

Employee Name (PRINT):	
Employee Signature:	
Date:	

Report Submitted by:

Name:	
Signature:	
Date:	

Report Received by:

Name:	
Signature:	
Date:	

Supervisor Accident Report Form

This form serves to document *(select all that apply)*

☐	Near Miss	☐	First Aid Only	☐	ER/Clinic Treatment
☐	Lost Time	☐	Death	☐	Other: *(Specify)*

Report completed by

Name:	
Job Title:	
Date of Incident:	
Date of Report:	

Injured Employee Information

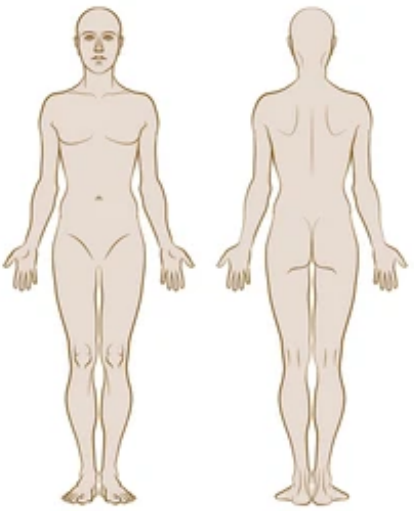
Name:	
Date of Birth:	
Job Title *(at the time of incident)*:	
Date of Hire:	
Rate of Pay:	
Employee Status:	☐ Full-Time ☐ Part-Time ☐ Other : _____
Hours Per Day:	
Days Per Week:	

Nature of Injury *(please select all that apply)*

☐	Abrasion, Scrapes	☐	Amputation	☐	Broken Bone	☐	Bruise
☐	Burn (heat)	☐	Burn (chemical)	☐	Concussion	☐	Crushing Injury
☐	Cut, Laceration, Punction	☐	Dislocation	☐	Hernia	☐	Illness

☐	Knee Injury	☐	Sprain, Strain	☐	Damage to Body System	☐	OTHER

If OTHER, please describe:	

Description of Injury:	**Part of the body affected:** ***(please shade all that apply)*** 

Location of Incident:	
Date and Time of Incident:	
What part of the employees workday did the incident occur?	☐ Entering/Leaving Work ☐ Doing Normal Work Activities ☐ During Meal Period ☐ During Break ☐ Working Overtime ☐ OTHER : _____
Were there any witnesses?	☐ Yes ☐ No **If yes, please provide a list of names:**
Please list any personal protective equipment used at the time of the incident:	

Incident Description: ***(what caused the incident/accident/injury, what you were doing just before the incident, what you did after the incident).***	
Attachments: ***(list anything that needs to be submitted with this report - forms, witness statements, photographs, maps, drawings etc).***	

Why did the incident occur?

Unsafe Workplace conditions: ***(Select all that apply)***	☐ Inadequate guard ☐ Unguarded hazard ☐ Safety device is defective ☐ Tool/equipment is defective ☐ Layout is hazardous ☐ Unsafe lighting ☐ Unsafe ventilation ☐ Lack of needed personal protective equipment ☐ Lack of appropriate equipment/tools ☐ Unsafe clothing ☐ No training/insufficient training ☐ OTHER: _____
Unsafe Acts by People: ***(Select all that apply)***	☐ Operating without permission ☐ Operating at unsafe speed ☐ Servicing equipment that has power to it ☐ Making a safety device inoperative ☐ Using defective equipment ☐ Using equipment in an unapproved way ☐ Unsafe lifting ☐ Taking an unsafe position/posture ☐ Distraction, teasing, horseplay ☐ Failure to wear personal protective equipment ☐ Failure to use the available equipment/tools ☐ OTHER: _____
Why did the unsafe conditions exist?	

Why did the unsafe acts occur?	
Is there a workplace culture, norm, or expectation that may have encouraged the unsafe conditions or acts?	☐ Yes ☐ No **If yes, please describe:**
Were the unsafe acts or conditions reported prior to the incident?	☐ Yes ☐ No
Have there been similar incidents or near misses prior to this one?	☐ Yes ☐ No

How can future incidents be prevented?

What changes do you suggest to prevent this incident/near miss from happening again? ***(Select all that apply)***	☐ Stop this activity ☐ Train the employees ☐ Redesign task steps ☐ Write a new policy/rule ☐ Routinely inspect for the hazard ☐ Guard the hazard ☐ Train the supervisors ☐ Redesign layout ☐ Enforce existing policy ☐ Personal protective equipment ☐ OTHER: _____
What should be (or has been) done to carry out the suggestions selected above?	

Report Written by:

Name:	
Job Title:	
Date:	

Report Reviewed by:

Name:	
Job Title:	
Date:	

Report Submitted by:

Name:	
Signature:	
Date:	

Report Received by:

Name:	
Signature:	
Date:	

Return to Work Form - Supervisor

Report Completed by:

Name:	
Job Title:	

Details of the Employee Returning to Work:

Name:	
Date of Return:	
The Employee is:	☐ Performing their full duties with no restrictions. ☐ Performing their duties with restrictions. ☐ Returning to work on a transitional work effort; and/or alternative duty has been assigned with restrictions. ☐ Working their full schedule. ☐ Working a partial day: ____*hrs. Start Time:* _____ *End Time:* _____

Comments:	

Acknowledgement

Injured Worker	**Name:**	**Signature:**	**Date:**
Supervisor	**Name:**	**Signature:**	**Date:**

Employee Return to Work Plan

Name of Injured Worker:	
Job Title:	
Supervisor's Name:	

Date and Time of Return:	
Restrictions from Doctors:	
Review and Briefing which has occurred:	☐ The Doctor's restrictions have been identified and clarified. ☐ The Supervisor is able to understand the restrictions and provide accommodated work. ☐ A communication pathway to get support has been provided to the injured worker. ☐ A review of pertinent safety policies/practices has occured. ☐ A review of the injured workers duties has been carried out, and duties have been assigned as noted below. ☐ Requirements of the injured worker to work within restrictions have been clarified. ☐ Requirements of the supervisor to only assign work within restrictions have been clarified. ☐ Requirement of the injured worker to immediately go to their Doctors (or emergency room) if they are leaving work because theyfeel thatthey cannot perform the work or because they feel they may have been re-injured. ☐ _____ ☐ _____

AGREEMENT: I, the undersigned injured worker, agree to participate in the transitional work plan described below. I agree to consider work to be performed carefully and to work within my restrictions, ask for help when work exceeds my abilities, and to notify my supervisor if there are duties assigned that exceed by abilities, or if I need assistance.

Injured Worker	**Name:**	**Signature:**	**Date:**
Supervisor	**Name:**	**Signature:**	**Date:**

Assigned Tasks:

Week No	Assigned Duties	Employee Feedback	Supervisor Feedback	Continue Modified Duty? YES/NO	Full Return to Work? YES/NO
1					
2					
3					
4					
5					
6					
7					
8					

Witness to Accident Statement

Injured Employee Information

Name of Injured Employee:	
Job Title:	
Shift incident occured on:	

Witness Statement

Your name was provided as a witness by the employee listed above. In order to complete a timely and thorough investigation of this incident, please provide the following details and submit your completed statement to the Director as soon as possible.

Witness Name:	
Job Title:	
Address:	
Phone Number:	
Email:	
Did you see an incident involving the above mentioned employee?	☐ Yes ☐ No
If you did not see the accident, how did you learn about it?	
If you did see the accident, please provide details:	**Location:** **Date and Time:** **Description:**

Acknowledgement

Witness	**Name:**	**Signature:**	**Date:**
Report Received by	**Name:**	**Signature:**	**Date:**

Near-Miss Report Form

This form is used to report hazards or conditions that have the potential to cause an accident, injury, or illness in the workplace.

Your Details

Name *(Optional):*	
Job Title *(Optional):*	
Phone Number *(Optional):*	
Email *(optional):*	
Date Reported:	

Incident details

Date and Time of Incident:	
Location:	
Conditions *(Select all that apply):*	☐ Near-miss ☐ Safety concern ☐ Safety Suggestion ☐ OTHER: _____
Type of Concern *(Select all that apply):*	☐ Unsafe Act ☐ Unsafe Condition of Area ☐ Unsafe Condition of Equipment ☐ Unsafe Use of Equipment ☐ OTHER: _____
Incident Description: ***(Please give as much detail as possible, describe the potential incident/hazard/concern and the possible outcome).***	
Safety Suggestions: ***(Describe corrective measures that we could take to address immediate hazards related to the incident).***	

Workplace Violence Incident Report

Reported by:	
Job Title:	
Phone Number:	
Email:	
Date of Report:	

Workplace Violence Incident Information

Name of Person Demonstrating Prohibited Behaviour:	
Name of Victim:	
Location:	
Date and Time of Incident:	
Additional Person(s) involved:	
Witnesses:	
Incident Description: ***(Include any events leading to or immediately following the incident).***	
Names of Supervisory Staff Involved: ***(Include their responses to the incident).***	
Resulting Action Executed, Planned, or Recommended:	

Was there a police report filed?

Police Report Filed?	☐ Yes ☐ No
Precinct:	
Reporting Officer:	
Phone Number:	
Police Action Taken:	

Acknowledgement

Witness	**Name:**	**Signature:**	**Date:**
Report Received by	**Name:**	**Signature:**	**Date:**

General Staff Incident Report Form

Employee Name:	
Job Title:	
Manager Name:	
Job Title:	
Date:	

Incident Details

Location:	
Date and Time:	
Description of Incident:	
Employee Explanation:	
Witnesses:	
Action to be Taken:	☐ Verbal Warning ☐ Written Warning ☐ Probation ☐ Suspension ☐ Dismissal ☐ OTHER: _____
Explanation of Action to be Taken:	

Acknowledgement

By signing this form, you acknowledge that you have read and understood the information contained herein.

Employee Name *(PRINT):*	
Employee Signature:	
Date:	

Employer Name *(PRINT):*	
Employer Signature:	
Date:	

Health and Safety Incident Report Form

This form needs to be filled out immediately after a work-related incident and submitted to the Director.

Name:	
Job Title:	
Phone Number:	
Email:	
Date:	

Incident Details

Location of Incident:	
Date and Time:	
Incident Type:	☐ Accident ☐ Violence ☐ Incident ☐ Ill Health ☐ Near-Miss ☐ Safety ☐ OTHER: _____
Incident Description: ***(Report any details that may have contributed to the incident).***	
Outcome Description: ***(Detail all harm/health effects/damage).***	
Corrective Measures: ***(Describe the corrective measures taken to address immediate hazards related to the incident).***	

Individual Affected

Name:	
Date of Birth:	

Job Title:	
Phone Number:	
Email:	
Home Address:	

Witness Details

Name	**Contact Information**

First Aid

Was First Aid Administered?	☐ Yes ☐ No
If First Aid was Administered, Please Provide Details:	Administered by: Contact Information: Time of Administration:
Details of First Aid Administered:	

Post Incident

Where did the Individual Affected Go Next?	☐ To the Hospital ☐ Home ☐ Returned to Work ☐ OTHER:_____
Was the Director kept informed about the incident?	☐ Yes ☐ No

Additional Details

Participant Accident form

Participants should report all Galactico Coaching Activity-related accidents, injuries and illnesses using this form with help from a member of staff. Once completed, this form should be given to the Director. Parents will be consulted to ensure accurate answers.

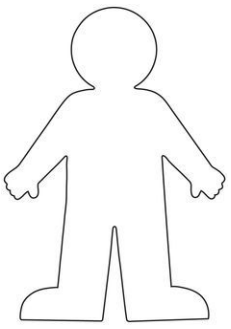
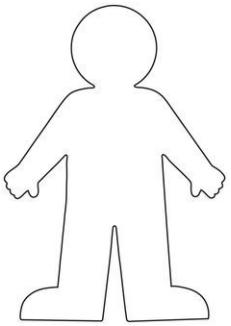
What are you reporting?	☐ Accident ☐ Injury ☐ Illness ☐ Near-miss
Name:	
Date of Birth:	
Participant/Parent Contact Details:	
Date of report:	
Activity/Session/Camp:	
Location of Incident:	
Date and Time of Incident:	
Witnesses (if any):	
Incident description: ***(what caused the incident/accident/injury, what you were doing just before the incident, what you did after the incident).***	
Were you engaging in an activity which was planned by the coach?	☐ Yes ☐ No **If yes, please give details of the activity:**
Were you following the instructions and being sensible during this activity?	☐ Yes ☐ No **Please give details of what you were doing to follow or not to follow the instructions:**

What could have been done to prevent this?	

Nature of Injury ***(please select all that apply)***

☐	Abrasion, Scrapes	☐	Amputation	☐	Broken Bone	☐	Bruise
☐	Burn (heat)	☐	Burn (chemical)	☐	Concussion	☐	Crushing Injury
☐	Cut, Laceration, Punction	☐	Dislocation	☐	Hernia	☐	Illness
☐	Knee Injury	☐	Sprain, Strain	☐	Damage to Body System	☐	OTHER

If OTHER, please describe:	

Description of Injury: ***(If it was a near miss, how could you have been hurt?)***	**Part of the body affected:** ***(please shade all that apply)*** ***FRONT***  ***BACK*** 

Reporting and Treatment

Did you report the incident to anyone?	☐ Yes ☐ No
If you reported the incident to someone, please give details:	**Name:** **Job Title:** **Date Reported:**
If you did not report the incident to someone, please explain why you chose not to report:	
Was first aid administered at the scene?	☐ Yes ☐ No **If yes, please describe the first aid administered and who administered it:**
Was medical treatment necessary?	☐ Yes ☐ No
If medical treatment was necessary, please provide details:	**Name of Hospital/Doctors:** **Date and Time of Visit:** **Hospital/Doctors Phone Number:** **Treatment Received:**
Were you treated in an emergency room?	☐ Yes ☐ No
Were you taken by ambulance?	☐ Yes ☐ No
Did the injury cause you not to be able to participate in physical activity? ***(Dates, amount of time).***	
Has this part of your body been injured before?	☐ Yes ☐ No **If yes, please provide details of when and the treatment received:**

Have you ever had a similar injury?	☐ Yes ☐ No **If yes, please describe the previous injury:**
Has a similar injury been treated?	☐ Yes ☐ No **If yes, please provide details on where, when, and by whom were you treated:**

Report Submitted by:

Name:	
Signature:	
Date:	

Report Received by:

Name:	
Signature:	
Date:	

Coach Participant Accident Report Form

This form serves to document *(select all that apply)*

☐	Near Miss	☐	First Aid Only	☐	ER/Clinic Treatment
☐	Lost Time	☐	Death	☐	Other: *(Specify)*

Report completed by

Name:	
Job Title:	
Date of Incident:	
Date of Report:	

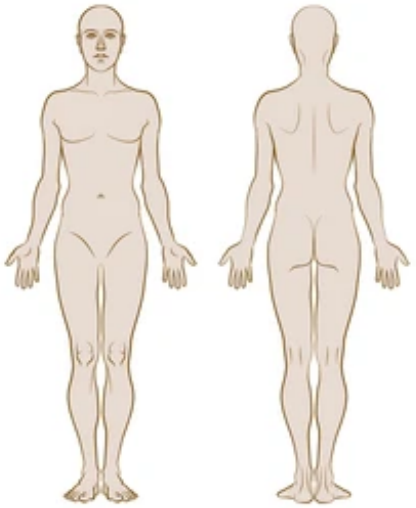
Injured Participant Information

Name:	
Date of Birth:	
Activity/Session/Camp:	
Dates and Times Attended:	
Participant/Parents Contact Details:	

Nature of Injury *(please select all that apply)*

☐	Abrasion, Scrapes	☐	Amputation	☐	Broken Bone	☐	Bruise
☐	Burn (heat)	☐	Burn (chemical)	☐	Concussion	☐	Crushing Injury
☐	Cut, Laceration, Punction	☐	Dislocation	☐	Hernia	☐	Illness
☐	Knee Injury	☐	Sprain, Strain	☐	Damage to Body System	☐	OTHER

If OTHER, please describe:	

Description of Injury:	Part of the body affected: *(please shade all that apply)* 

Location of Incident:	
Date and Time of Incident:	
What activity did it occur during?	
Were there any witnesses?	☐ Yes ☐ No **If yes, please provide a list of names:**
Please list any personal protective equipment used at the time of the incident:	
Incident Description: ***(what caused the incident/accident/injury, what you were doing just before the incident, what you did after the incident).***	
Attachments: ***(list anything that needs to be submitted with this report - forms, witness statements, photographs, maps, drawings etc).***	

Why did the incident occur?

Unsafe conditions: ***(Select all that apply)***	☐ Inadequate guard ☐ Unguarded hazard ☐ Safety device is defective ☐ Tool/equipment is defective ☐ Layout is hazardous ☐ Unsafe lighting ☐ Unsafe ventilation ☐ Lack of needed personal protective equipment ☐ Lack of appropriate equipment/tools ☐ Unsafe clothing ☐ OTHER: _____
Unsafe Acts by People: ***(Select all that apply)***	☐ Operating without permission ☐ Operating at unsafe speed ☐ Not listening to instruction ☐ Making a safety device inoperative ☐ Using defective equipment ☐ Using equipment in an unapproved way ☐ Unsafe lifting ☐ Taking an unsafe position/posture ☐ Distraction, teasing, horseplay ☐ Failure to wear personal protective equipment ☐ Failure to use the available equipment/tools ☐ OTHER: _____
Why did the unsafe conditions exist?	
Why did the unsafe acts occur?	
Were the unsafe acts or conditions reported prior to the incident?	☐ Yes ☐ No If yes, please explain:
Have there been similar incidents or near misses prior to this one?	☐ Yes ☐ No If yes, please explain:

How can future incidents be prevented?

What changes do you suggest to prevent this incident/near miss from happening again? ***(Select all that apply)***	☐ Stop this activity ☐ Redesign task steps ☐ Write a new policy/rule ☐ Routinely inspect for the hazard ☐ Guard the hazard ☐ Redesign layout ☐ Enforce existing policy ☐ Personal protective equipment ☐ OTHER: _____
What should be (or has been) done to carry out the suggestions selected above?	

Report Written by:

Name:	
Job Title:	
Date:	

Report Reviewed by:

Name:	
Job Title:	
Date:	

Report Submitted by:

Name:	
Signature:	
Date:	

Report Received by:

Name:	
Signature:	
Date:	

Attachment 2
Risk Assessment Form

Company Name: Galactico Coaching
Assessment Carried Out by:

Date Assessment Carried Out:
Date of Next Review:

Hazard	Who might be harmed?	How might they be harmed?	What is already done to control the risks?	What further actions could be taken?	Who needs to carry out the actions?	When should the action be complete?	Is it complete? Date completed